



**ERIK NASARENKO**  
VENTURA COUNTY DISTRICT ATTORNEY  
**NEWS RELEASE**



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## Thousand Oaks Man Sentenced to 50-plus years to life for Murder, Torture

VENTURA, Calif. – District Attorney Erik Nasarenko announced today that Saul C Nava (DOB 04/30/00), of Thousand Oaks, was sentenced to 50 years and 8 months to life in prison. Nava was previously convicted by a jury of nine felony counts including the first-degree murder and torture of his girlfriend, Alisen Takacs-Escobar, and the torture and kidnapping of a previous girlfriend who survived his abuse.

Senior Deputy District Attorney David Russell, a member of the Ventura County District Attorney's Office Major Crimes Homicide Unit, prosecuted the case.

"The sentence imposed reflects the heinous nature of the defendant's horrific conduct," Mr. Russell said. "While nothing will make the victim's family whole again, this sentence will protect the community from an offender who tortured and abused vulnerable victims."

On December 24, 2021, Nava called 911 after days of beating and torturing Ms. Takacs-Escobar in a studio apartment they shared in Thousand Oaks. Deputies with the Ventura County Sheriff's Office found the deceased victim with injuries all over her body. She suffered from extensive bruising, the top of her head had a large laceration, and degrading words were newly tattooed on the center of her chest. Nava was arrested at the scene. In the apartment, deputies located tattoo equipment, baseball bats, a hammer, and a screwdriver which were used on Ms. Takacs-Escobar. Nava's cell phone was also located in the apartment. Videos on the phone, taken hours before Ms. Takacs-Escobar's death, show Nava taunting her and displaying no concern for her worsening condition.

While investigating the death of Ms. Takacs-Escobar, an ex-girlfriend who had survived Nava's abuse was identified. Nava met this additional victim when they were teenagers, and their relationship escalated quickly. Nava brought her into his home, confined her to a closet, and beat her. At one point, she tried to run away but Nava found her and threatened her with a knife until

she got into his vehicle. The abuse finally stopped when Nava started dating Ms. Takacs-Escobar during the summer of 2021.

**Case: 2021032886**

**Defendant Information:**

Saul C Nava (DOB 04/30/2000)

Thousand Oaks

**Charges convicted of:**

- PC 187(a) – First-degree murder
- PC 205 – Aggravated mayhem
- PC 206 – Torture
- PC 207(a) – Kidnapping
- PC 245(a)(1) – Assault with deadly weapon
- (3 counts) PC 273.5(a) – Inflict corporal injury to current/former spouse/cohabitant/fiancé
- PC 311.11(a) – Possession or control of child pornography

**Special Allegations:**

- CRC 4.421(a)(1) – The crime involved great violence
- CRC 4.421(a)(3) – Victim was vulnerable
- CRC 4.421(a)(8) – The manner in which the crime was carried indicates planning, sophistication, or professionalism
- CRC 4.421(b)(1) – Defendant has engaged in violent conduct
- CRC 4.421(a)(2) – The defendant was armed with and used a weapon

